

2023 Community Profile



Your Health. **OUR PURPOSE.**



Welcome

TO SOUTH TEXAS HEALTH SYSTEM

At **South Texas Health System**[®], the health of you and your family is our top priority. It drives everything we do and inspires us to be among the nation's leaders in healthcare.

Our integrated network of care is comprised of four acute care and behavioral health facilities, six freestanding emergency departments, 50+ affiliated physician practices and a broad variety of outpatient clinics and services. Year after year, we are recognized for the quality of care we provide. In fact, South Texas Health System has received accreditations and awards for excellence in a wide range of areas, including patient safety, heart, stroke, women's services, robotic surgery, and more.

While accolades like these are a welcome affirmation of the high level of healthcare we provide, our driving goal is not fueled by a desire for recognition, however well deserved. Instead, we remain steadfast in our commitment to a single goal – providing the people of the Rio Grande Valley with the quality and compassionate care they need, when and where they need it most. As the COVID-19 pandemic demonstrated, nothing is more important than our health and the health of those we love.

Whether helping deliver a new addition to one's family, performing a lifesaving cardiovascular procedure or neurosurgery, restoring limb circulation, treating a hard-to-heal wound or conducting robotic or pediatric spine surgery, we strive to achieve excellence in everything we do.

The physicians who choose to practice at South Texas Health System truly make us special. They have the talent and dedication that bring to life things like our surgical robots, our Level I trauma program, our 3T MRI, our comprehensive pediatric program and more.

Through our many educational affiliations, we are helping to train the next generation of healthcare providers including physicians, nurses, therapists and others in the field of allied health sciences.

In addition to the nearly 850 physicians in specialties ranging from primary care and neurosurgery to behavioral health, our system is also comprised of more than 3,100 employees and nearly 200 volunteers, making South Texas Health System the largest healthcare system south of San Antonio.



South Texas Health System

Your Health. **OUR PURPOSE.**

South Texas Health System is a regional multi-facility system that has earned a reputation for excellence in providing quality healthcare to residents of the Rio Grande Valley. We offer a comprehensive array of medical services including: behavioral health, cardiovascular, emergency, maternity/women’s health, pediatrics, surgical care and trauma, along with specialty services in chest pain, diabetes, neuroendovascular care/neurosurgery, orthopedics, physical rehabilitation and wound care.

South Texas Health System has compiled a distinguished list of firsts:

- First to offer private behavioral health inpatient treatment in the Rio Grande Valley
- First neonatal surgery center in the four-county region
- First designated Level II Trauma Center in Hidalgo County, now a Level I Trauma Center
- First dedicated pediatric facility and pediatric emergency room in the Rio Grande Valley
- First and only dedicated heart facility in the Rio Grande Valley, complete with a dedicated cardiac emergency room
- First freestanding emergency departments (ERs) in Texas to be certified in emergency cardiac care and stroke care
- First ERs in Texas to be certified by The Joint Commission as Acute Stroke Ready Hospitals
- First Intensive Cardiac Rehabilitation Program in South Texas



South Texas Health System also provides community outreach programs. Call the STHS Marketing Department at 956-388-2020 for information on our health and wellness programs and events for individuals of all ages.

South Texas Health System is operated by a subsidiary of Universal Health Services, Inc. (UHS). Headquartered in King of Prussia, Pennsylvania, UHS is one of the largest and most respected providers of hospital and healthcare services in the nation.

South Texas Health System Boosts Local Economy

In addition to its significant impact on the health of the community, South Texas Health System provides a boost to the local economy through a wide range of job opportunities. In 2022, the system continued to meet the needs of the community:

Patient Medical Care

Admissions [°]	31,794	Hip Replacements:.....	182
Bariatric Surgery:.....	120	Knee Replacements:.....	979
Deliveries:.....	1,812	Surgeries:.....	19,843
Emergency Visits:.....	206,928		



The System Family

Employees:.....	3,158
Military Veterans on Staff:.....	80
Physicians on Staff:.....	842
Volunteers:.....	175



Financial Impact

Capital Investment:.....	\$57.5 million
Local/State Taxes Paid:.....	\$10.3 million
Salaries, Wages, Benefits:.....	\$247.7 million
Uncompensated Care ^{°*} :.....	\$610.3 million

[°] 2022 Admissions per UHS Corporate Finance.

^{°*}Uncompensated Care equals the sum of bad debt, charity care and uninsured discounts.

South Texas Health System At A Glance



South Texas Health System McAllen

With its Level I Trauma Center, South Texas Health System McAllen continues to advance trauma and critical care services for the community. As a certified comprehensive stroke center, we treat the most critical stroke cases in our endovascular suite and provide nationally recognized neuroendovascular care and physical rehabilitation services. What's more, we offer a Level III Neonatal Intensive Care Unit to care for newborns with critical issues, as well as a Breast Imaging Center of Excellence and interventional radiology lab.

southtexashealthsystemmcallen.com



South Texas Health System Heart

With a commitment to investing in advanced technologies, South Texas Health System Heart features four catheterization laboratories, including a hybrid space that can be quickly converted to an operating room to best serve patients with more complex cardiac needs. Physicians use three-dimensional videoscopes to obtain a 360-degree view of the heart and vascular system during surgery. The facility offers advanced procedures like TAVR and CardioMEMS™ to help treat severe cardiac issues. The facility is also home to the first Intensive Cardiac Rehab program south of San Antonio.

southtexashealthsystemheart.com



South Texas Health System Edinburg

As a designated Level IV trauma center, accredited chest pain center, and certified stroke center, South Texas Health System Edinburg, which recently doubled in size with the opening of its new patient tower, serves critical healthcare needs in our community. Here, patients will find the Maternity Center at STHS Edinburg, part of the facility's The Women's Corner, featuring an inviting environment, numerous amenities and family-centered maternity care. In addition to the community's 3T MRI imaging suite and women's imaging suite, we are proud to offer nationally recognized robotic surgery and other minimally invasive procedures, as well as advanced wound care and sleep study and treatment services.

southtexashealthsystemedinburg.com

Inpatient Physical Rehabilitation at STHS Edinburg and STHS McAllen

These nationally recognized programs — certified by The Joint Commission and accredited for stroke and cardiac care — provide comprehensive physical rehabilitation care for adults through intensive physical, occupational and speech therapy services. Working with a specialized physician, efforts are coordinated to help patients reach their highest level of function and independence.

Learn more at southtexashealthsystemedinburg.com and southtexashealthsystemmcallen.com



South Texas Health System Children's

Opened in March 2006, South Texas Health System Children's is the Rio Grande Valley's first pediatric facility offering the region's only dedicated Pediatric Emergency Department. In addition to being home to an asthma program certified by The Joint Commission, it features pediatric subspecialists who provide advanced care in: cardiology, gastroenterology, infectious disease, neurology, otolaryngology (ear, nose and throat), radiology, and surgery. It is home to an in-hospital Ronald McDonald House suite, two pediatric playrooms, a virtual playroom and soon-to-be opened outdoor healing courtyard.

southtexashealthsystemchildrens.com



South Texas Health System Behavioral

South Texas Health System Behavioral serves the community with compassionate care and services tailored to children, teens and adults. Programs are designed to treat a wide range of behavioral health conditions and addictive behaviors. Staff members develop individualized treatment plans to lead patients on the path to recovery. Outpatient programs such as the partial hospitalization program and the intensive outpatient program can assist with an ongoing improvement of health, or help an individual through a specific crisis. In addition, the facility hosts various community outreach and mental health awareness events, including its monthly Let's Talk Mental Health webinar series.

southtexashealthsystembehavioral.com



South Texas Health System Clinics

Providers affiliated with South Texas Health System Clinics deliver high quality family medicine, health screenings and advanced specialized care — including cardiology, gastroenterology, obstetrics/gynecology, orthopedics and more — to the people of the Rio Grande Valley. Clinics are located throughout the region and offer both in-office and virtual visits, as well as a variety of appointment options, including evening and weekend hours and same-day and next-day appointments*.

sthclinics.com

*Options may vary by provider.

South Texas Health System is a Value-Based Care Organization

What is value-based care and what does it mean for patients? Value-based care is a healthcare delivery model in which providers, including hospitals and physicians, are paid based on patient health outcomes. Value-based care seeks to advance the triple aim of providing better care for individuals, improving population health management strategies and reducing healthcare costs.



Specialty Services

South Texas Health System Outpatient Rehabilitation Centers

Patients recovering from an injury or illness can receive individualized care at the South Texas Health System McAllen Outpatient Rehabilitation Center or the South Texas Health System Edinburg Outpatient Rehabilitation Center. **Call the McAllen location at 956-971-5640 or the Edinburg location at 956-420-3800.**

South Texas Health System Intensive Cardiac Rehabilitation Program

South Texas Health System Heart has collaborated with Pritikin Intensive Cardiac Rehab to launch the South Texas Health System Intensive Cardiac Rehabilitation Program to provide the support and education patients need as they commit to a new, healthier lifestyle. **For more information, call 956-994-2770.**

South Texas Health System Wound Healing Center

With a specialized team and advanced treatment options including hyperbaric therapy (HBOT), the Wound Healing Center at South Texas Health System Edinburg enables patients suffering from slow or non-healing wounds to receive the important care they need. **To schedule an appointment, please call 956-388-2700.**

South Texas Health System Bariatric Weight Loss Surgery Center

The South Texas Health System Bariatric Weight Loss Surgery Center offers hope and support for a healthier lifestyle, with a dedicated team helping patients achieve and maintain their weight-loss goals. **For more information, call 956-644-1616.**

South Texas Health System Sleep Center

The South Texas Health System Sleep Center offers comprehensive sleep study sessions for both adults and children to help diagnose and treat a wide range of sleep disorders. **For more information, call 956-213-0403.**

Comprehensive Healthcare Services

- | | | | |
|---------------------------------------------------|---------------------------------|----------------------------------------|--------------------------------------------------|
| Acute Care for the Elderly | Endocrinology | Maternity Services | Peripheral Vascular |
| Acute Inpatient Services | Endoscopy Services | Medical ICU | Diagnosis/Intervention |
| Air Ambulance/Helipad | Family Medicine | MRI | Pharmacy |
| Angioplasty | Residency Clinic | Neuroendovascular Care | Podiatry |
| Antepartum | General Surgery | Neurosurgery | Pulmonary Care |
| Asthma Center | Gynecological Surgery | Nuclear Medicine | Radiology |
| Bariatric Surgery | Inpatient Occupational | Oncology Care | Rehabilitation |
| Behavioral Health | Therapy | Oncology Surgery | Respiratory Care |
| Bi-ventricular Implants | Inpatient Physical Therapy | Orthopedic Surgery | Robotic-Assisted Surgery |
| Cardiac Catheterization | Inpatient Speech Therapy | Outpatient Pediatric Surgery | Sleep Studies |
| Cardiovascular Diagnostics | Intensive Cardiac Rehab | Outpatient Rehabilitation | Stroke Centers |
| Cardiovascular/
Open Heart Surgery | Intensive Care Units | Outpatient Surgery | Surgical ICU |
| Case Management | Intensive Outpatient | Pacemaker/Defibrillator | Telemetry |
| Chest Pain Centers | Treatment/
Behavioral Health | Pediatric Care | Thoracic Surgery |
| Congestive Heart
Failure Program | Intermediate Care Unit | Pediatric Comprehensive
Services | Transcatheter Aortic Valve
Replacement (TAVR) |
| CT Scan | Interventional Radiology | Pediatric Ear, Nose
and Throat | Trauma Care |
| Dialysis | Intravascular Ultrasound | Pediatric ER | Urology |
| Drug and Alcohol Medical
Stabilization Program | Labor & Delivery | Pediatric ICU | Vascular Surgery |
| Ear, Nose and Throat | Laboratory/Pathology | Pediatric Sedation/Imaging
Services | Women's Services |
| Electrophysiology Studies | Level I Newborn Nursery | Pediatric Surgery | Wound Care &
Hyperbarics |
| Emergency Care | Levels II & III NICU | | X-Ray/Fluoroscopy |
| | Mammography-Digital | | |
| | Maternal Triage Services | | |



South Texas Health System Reserve and Learn Line

To find a primary care physician or specialist and/or make an appointment, call **800-879-1033**.

For information about South Texas Health System services, facilities, classes, events and more, visit southtexashealthsystem.com.

Veterans' Program

South Texas Health System has a rich history as a VA-contracted hospital in Hidalgo County, proudly providing behavioral health, emergency, inpatient and outpatient services to veterans since 2009. We consider it a privilege to offer healthcare services to our military veterans and their family members close to home.

Freestanding Emergency Departments (ERs)

South Texas Health System's ERs are open 24 hours per day, 365 days per year, unlike most urgent care centers that are open just eight to 16 hours per day. All are staffed with medical personnel and equipped with diagnostic technology similar to that available in South Texas Health System's larger facility ERs.

Our freestanding ERs treat emergency medical conditions typically beyond the scope of treatment for most urgent care centers or night clinics. They include, but are not limited to: abdominal pain, head injuries, heart attacks, orthopedic injuries, respiratory distress, and strokes.

Our neighborhood ERs can provide stabilizing treatment equivalent to any hospital-based ER. In addition, the facilities offer a comprehensive range of outpatient diagnostic and laboratory services including: bone density and computer tomography (CT) scanning, digital mammography (select sites), digital X-Rays, and laboratory tests.

Health Checks & Screenings with Limited Wait Times

Diagnostic, imaging and lab appointments are available on a same-day, walk-in basis or through advanced registration*. Discounted rates are available for cash payments.

Advanced Stroke Certification

South Texas Health System's six Freestanding Emergency Departments have each earned an Acute Stroke Ready Hospital certification by The Joint Commission.

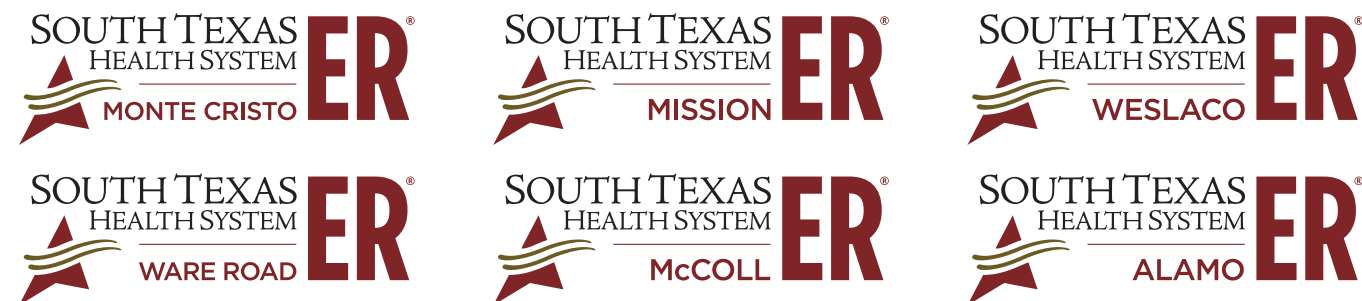
Advanced Cardiac Care

All South Texas Health System ERs are certified in Chest Pain Management by The Joint Commission.

ER Just Got Easier

South Texas Health System provides online ER wait times and ER Reserve capabilities for non-life-threatening illnesses or injuries**.

To find out wait times at each of our freestanding ERs or to request a time up to 12 hours in advance through ER Reserve (and wait in the comfort of your own home), visit southtexashealthsystem.com.



* Insurance requiring authorization may result in wait time for approval prior to completing the scan.

**ER Wait Time is an average provided for informational purposes only. ER Reserve should be used only if you decide your care can wait until the time you select. Do not wait if your symptoms or conditions worsen or if you need immediate care since delays may complicate your condition. If you are unsure of your condition or if your condition worsens, then please go to the nearest emergency room or call 9-1-1. Some insurance plans may not cover an ER visit if it is deemed urgent care or may apply a different copay. Please check your covered benefits with your insurance provider for details.

Community Impact Summary

Education

South Texas Health System maintains affiliation agreements with multiple institutions of higher learning, serving as a site for clinical rotations for students of nursing, medicine, physical therapy, nutrition, respiratory, radiology, pharmacy and other allied health sciences. Current affiliation agreements include: Abilene Christian University, Loma Linda University, South Texas College, Texas A&M, Texas State Technical College, Texas Woman's University, the University of Texas at Austin, the University of Texas Health Science Center at Houston, the University of Texas Health Science Center at San Antonio, and the University of Texas Rio Grande Valley, along with other colleges and universities nationwide.



McAllen Family Medicine Residency Program

For more than 40 years, the McAllen Family Medicine Residency Program has trained and educated over 240 family medicine physicians at South Texas Health System McAllen. Established in 1977, the program was sponsored by the University of Texas Health Science Center San Antonio. In 2015, it became part of a new sponsoring institution, the University of Texas Rio Grande Valley Family Medicine Residency Program.

Dedicated to the Community

South Texas Health System generously donates time and resources to multiple and varied organizations in the South Texas area including:

- Alamo Chamber of Commerce
- Boys & Girls Club of McAllen
- Capable Kids Foundation
- Catholic Charities of the Rio Grande Valley
- Children's Advocacy Center
- City of Edinburg Police Department
- City of McAllen Police Department
- City of Pharr Police Department
- Comfort House
- Court Appointed Special Advocates (CASA)
- Edinburg Boys and Girls Club
- Edinburg Chamber of Commerce
- Edinburg Leadership Project
- Greater Mission Chamber of Commerce
- Hidalgo County Wellness Program
- McAllen Chamber of Commerce
- McAllen Crime Stoppers
- McAllen Independent School District
- Palmer Drug Abuse Program
- Pharr Economic Development Corporation
- Pharr-San Juan-Alamo ISD
- Prominence Health Plan
- Quinta Mazatlan
- Region One Education Service Center
- RGV Food Bank
- RGV Partnership
- Rio Grande City Rotary Club
- Rio Grande Valley Hispanic Chamber of Commerce
- Ronald McDonald House Charities® of the Rio Grande Valley
- Shrink Box Foundation
- South Texas College
- The Greater Mission Chamber of Commerce
- Unidos Contra la Diabetes
- United Way® of South Texas
- University of Texas Rio Grande Valley
- Valley Grande Institute
- Valley Symphony Orchestra
- Weslaco Chamber of Commerce

Recognition: Accreditations and Awards

South Texas Health System & Its Leadership

All South Texas Health System facilities are accredited by The Joint Commission, the highest healthcare standards-setting organization in the nation, and licensed by the State of Texas.



In 2022, South Texas Health System Edinburg was named a Best Regional Hospital in Texas by *U.S. News & World Report*.

Bariatric Weight Loss Surgery Center

South Texas Health System Heart is designated as a fully accredited Bariatric Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) and also received:



- Aetna Institute of Quality for Bariatric Surgery
- Blue Cross® Blue Shield® Blue Distinction Plus for Bariatric Surgery
- OptumHealth Bariatric Center of Excellence for Bariatric Surgery

Behavioral Health

South Texas Health System Behavioral received *The Monitor's* Reader's Choice Award for Best Behavioral Hospital for 10 years, including 2022.



Cardiac Care

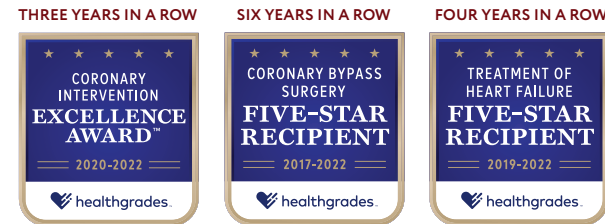
South Texas Health System Heart received Chest Pain Center with PCI Accreditation from the American College of Cardiology.



South Texas Health System Edinburg and South Texas Health System McAllen have received Chest Pain Management certification by The Joint Commission.

All six South Texas Health System Freestanding Emergency Departments (FEDs) have received Chest Pain Management certification by The Joint Commission.

Healthgrades, a U.S. company that evaluates healthcare quality, has named South Texas Health System Heart:



Emergency & Trauma Care

STHS McAllen is verified as a Comprehensive Level I Trauma Center.



STHS Edinburg and STHS Heart are designated as Level IV Trauma Centers (Texas Department of State Health Services).

Laboratory Services

All South Texas Health System laboratories are accredited by the College of American Pathologists for meeting or exceeding the most scientifically rigorous customized checklist requirements.

Maternity Care

STHS Edinburg and STHS McAllen participate in the Texas Ten Step program. The Department of State Health Services (DSHS), in collaboration with the Texas Hospital Association, developed the program as a method to improve maternity care practices in birthing facilities. Policy development, education of staff and provision of discharge resources for breastfeeding mothers are key initiatives.

STHS Edinburg and STHS McAllen are also recognized by Healthgrades for women's services year after year.



Orthopedics

Recognized by Healthgrades as a Five-Star Recipient for Hip Fracture Treatment for 2 Years in a Row (2021-2022).

Patient Safety

STHS Edinburg, STHS Heart and STHS McAllen received the Patient Safety Excellence Award from Healthgrades in 2021 for 3 Years in a Row (2019-2021). In addition, they rank:



- Among Top 10% of Hospitals in the Nation for Patient Safety (2019-2021)

Pediatric Asthma

The Asthma Program at South Texas Health System Children's is certified by The Joint Commission for providing quality care, treatment and services. It was the first in Texas and second in the nation to be designated as a Center of Excellence.

Pediatrics

South Texas Health System Children's received *The Monitor's* Readers' Choice Award for Best Children's Hospital in 2022.

Radiology Services

South Texas Health System Edinburg is recognized by the American College of Radiology (ACR) for meeting strict certification standards.



South Texas Health System McAllen is accredited in MRI and Nuclear Medicine by the ACR.

Rehabilitation Services

The stroke and cardiac rehabilitation programs at South Texas Health System Edinburg and South Texas Health System McAllen have been certified by The Joint Commission.

South Texas Health System's Inpatient Rehabilitation Units rank in the top 10% of Inpatient Rehabilitation Facilities in the United States per the Uniform Data System for Medical Rehabilitation.

Robotic-Assisted Surgery

South Texas Health System Edinburg has been named a Center of Excellence in Robotic Surgery, Minimally Invasive Surgery and Hernia Surgery by Surgical Review Corp.



Stroke Care & Treatment

The South Texas Health System Neurosciences & Stroke Institute has received the following accreditations:

American Heart Association®/American Stroke Association®'s Get With The Guidelines Stroke Gold Plus with Honor Roll Elite Plus, Advanced Therapy and Target: Type 2 Diabetes Honor Roll Quality Achievement Award 2022.



South Texas Health System McAllen has received a Comprehensive Stroke Center designation from DNV and a Comprehensive (Level I) Stroke Facility designation from the Texas Department of State Health Services.

STHS Edinburg and STHS Heart have been



designated as Primary (Level II) Stroke Facilities by the state and each has been certified as a Primary Stroke Center by The Joint Commission.

South Texas Health System's six Freestanding Emergency Departments have each earned an Acute Stroke Ready Hospital certification by The Joint Commission.

Surgery

South Texas Health System McAllen has been recognized as a Five-Star Recipient for Gallbladder Removal Surgery for Two Years in a Row (2021-2022) by Healthgrades.

South Texas Health System McAllen has been recognized as a Five-Star Recipient for Appendectomy for Eight Years in a Row (2015-2022) by Healthgrades.

South Texas Health System 2022 MILESTONES

1 South Texas Health System Edinburg More Than Doubles in Size

In the Summer of 2022, South Texas Health System Edinburg opened its new \$104 million, five-story patient tower, bringing expanded healthcare services, additional bed capacity and an enhanced patient experience to the City of Edinburg and its surrounding areas.

Highlights of the new tower include 59 new inpatient beds; updated inpatient rooms created with patient experience and safety in mind, including large windows and more; an enhanced emergency department strategically placed at the intersection of Trenton and Sugar roads, giving paramedics and the community faster and easier access to the ER; an upgraded Intensive Care Unit (ICU); and expanded inpatient rehabilitation, respiratory and radiology spaces.

2 South Texas Health System Edinburg Named a Best Regional Hospital

In July, STHS Edinburg was named a Best Regional Hospital in Texas for 2022-23 by *U.S. News & World Report*. The facility, which ranked No. 23 on the list of top Texas facilities, is the only hospital in the Rio Grande Valley to make the list, which is designed to assist patients and their doctors in making informed decisions about where to receive care for challenging health conditions and common elective procedures. As the only ranked hospital in the Rio Grande Valley, STHS was also recognized as “high performing” for kidney failure, heart attack, heart failure, chronic obstructive pulmonary disease (COPD), diabetes, stroke and pneumonia. To be considered among the year’s Best Regional Hospitals, a hospital or healthcare system commonly had to outperform in at least seven of the procedures and conditions *U.S. News & World Report* evaluates, including risk-adjusted survival, patient experience, level of nursing care and how successfully each hospital gets patients back home.

3 South Texas Health System McAllen Levels Up to Provide Lifesaving Trauma & Critical Care

In November, STHS McAllen received its official designation as a Comprehensive Level I Trauma Center by the Texas Department of Health Services. The designation authenticates STHS McAllen’s ability to provide the highest level of trauma and critical care. As outlined by the American College of Surgeons’ Committee on Trauma, who verified STHS McAllen’s Trauma Center status in September 2022, a Level I Trauma Center provides the highest level of surgical care to trauma patients. The facility has a full range of specialists and equipment available 24 hours a day and must admit at least 1,200 trauma patients a year or have 240 admissions with an Injury Severity Score of more than 15 for adults. Throughout the years, STHS McAllen has exceeded these minimum requirements, admitting more than 1,250 trauma patients annually.

4 Celebrating a Lifesaving Milestone at South Texas Health System Heart

In May, cardiac surgeons at South Texas Health System Heart performed their 100th transcatheter aortic valve replacement (TAVR), a minimally invasive procedure for patients diagnosed with severe aortic stenosis and at moderate or elevated risk for complications from open-heart surgery. The procedure is performed by inserting a catheter into an artery of the leg, chest or aorta – while the heart is beating, thereby eliminating the need for a heart-lung machine. STHS Heart was the first facility in the Valley to use the Edwards SAPIEN 3 Ultra transcatheter heart valve, which replaces an existing failing transcatheter aortic valve and has been proven to lead to an improved quality of life and fewer limitations on physical activity for patients.

5 South Texas Health System Children’s Breaks Ground on Children’s Healing Garden

As part of its 16th anniversary celebrations in March, South Texas Health System held a special groundbreaking ceremony for its newest project, the Children’s Healing Garden. Featuring a life-size checkerboard, hopscotch court, sitting areas and more, the outdoor space is aimed at giving the facility’s pediatric patients and their families an opportunity to enjoy a break from the hospital setting. The project was made possible in part through support from the Auxiliary to South Texas Health System, which raises money through hospital gift shops and various fundraising projects, and Spirit Halloween and Spirit of Children.

6 Close-to-Home Stroke Treatment at All Six of South Texas Health System’s Freestanding Emergency Departments

In October, four of South Texas Health System’s freestanding emergency departments – STHS ER Alamo, STHS ER McColl, STHS ER Monte Cristo, and STHS ER Ware Rd. – each earned an Acute Stroke Ready Hospital certification from The Joint Commission. Previously, STHS ER Mission and STHS ER Weslaco had received the designation. “In the event of a stroke, it is important to get to a comprehensive stroke center like the one at South Texas Health System McAllen, which can treat patients with strokes of all types and severities. But if you cannot get to STHS McAllen in a timely manner, this important designation means that our freestanding emergency departments can provide immediate and time-critical care to the stroke patient,” says Brenda Ivory, Chief Executive Officer, STHS Heart, who oversees the system’s six freestanding ERs. “Each of our full-service freestanding emergency rooms can provide the optimum level of care to a stroke patient, including initial evaluation and screening, stroke scale assessment, and if necessary, thrombolytic treatment, before transferring them to our comprehensive stroke center at STHS McAllen for further treatment or arranging transfer to a hospital of their choice.” South Texas Health System’s freestanding emergency departments are the only such facilities in the Rio Grande Valley to receive the Acute Stroke Ready designation.

7 Providing Dedicated Elderly Care at South Texas Health System ER Weslaco

In November, South Texas Health System ER Weslaco earned a Level 3 Geriatric Emergency Department accreditation from the American College of Emergency Physicians (ACEP). The bronze-level designation, by the organization dedicated to advancing emergency care, acknowledges STHS ER Weslaco’s dedication to providing a high standard of care that meets the unique healthcare needs of older adults living in the Rio Grande Valley. As a Level 3 GEDA emergency department, STHS ER Weslaco must incorporate many of the GEDA program’s best practices, along with providing interdisciplinary geriatric education and having geriatric-appropriate equipment and supplies available. The Geriatric Emergency Department Accreditation (GEDA) program was developed by the American College of Emergency Physicians along with the Society for Academic Emergency Medicine, Emergency Nurses Association and American Geriatrics Society to improve and standardize emergency care for older patients through enhanced staffing and education, geriatric-focused policies and protocols and more efficient preparation of the treatment area. It includes geriatric emergency department guidelines with recommending measures ranging from adding geriatric-friendly equipment to specialized staff to more routine screening for delirium, dementia and fall risk, among other vulnerabilities. To better serve seniors across all communities that make up the Rio Grande Valley, South Texas Health System is working with the American College of Emergency Physicians to receive the Geriatric Emergency Department Accreditation at all six of its freestanding emergency department by the end of 2023.

8 South Texas Health System Behavioral Named a Community Favorite

South Texas Health System Behavioral was named Best Behavioral Facility as part of *The Monitor’s* 2022 Readers’ Choice Awards. The facility, which was the first to offer private behavioral health inpatient treatment in the Rio Grande Valley, has served the South Texas community for more than 30 years with a commitment to the detection and treatment of mental health and substance use disorders.

FACILITIES AND FREESTANDING EMERGENCY DEPARTMENTS:

- 1 **South Texas Health System McAllen**
301 W. Expressway 83 • McAllen, TX 78503
956-632-4000
southtexashealthsystemmcallen.com
- 2 **South Texas Health System Heart**
1900 South D St. • McAllen, TX 78503
956-994-2000
southtexashealthsystemheart.com
- 3 **South Texas Health System Edinburg**
1102 W. Trenton Road • Edinburg, TX 78539
956-388-6000
southtexashealthsystemedinburg.com
- 4 **South Texas Health System Children's**
1102 W. Trenton Road • Edinburg, TX 78539
956-388-6800
southtexashealthsystemchildrens.com
- 5 **South Texas Health System Behavioral**
2102 W. Trenton Road • Edinburg, TX 78539
956-388-1300
southtexashealthsystembehavioral.com
- 6 **South Texas Health System ER Alamo**
140 E. Frontage Road • Alamo, TX 78516
956-403-5100
sthseralamo.com
- 7 **South Texas Health System ER McColl**
4702 S. McColl • Edinburg, TX 78539
956-213-2600
sthsermccoll.com
- 8 **South Texas Health System ER Mission**
900 E. Expressway 83 • Mission, TX 78572
956-271-1200
sthsermission.com
- 9 **South Texas Health System ER Monte Cristo**
3615 N. Interstate 69C • Edinburg, TX 78541
956-259-2100
sthsermontecristo.com
- 10 **South Texas Health System ER Ware Rd.**
3700 Nolana Ave. • McAllen, TX 78504
956-213-2700
sthserwareroad.com
- 11 **South Texas Health System ER Weslaco**
330 W. Expressway 83 • Weslaco, TX 78599
956-975-2300
sthserweslaco.com



INPATIENT REHABILITATION:

Inpatient Rehabilitation Center (Edinburg)
1102 W. Trenton Rd.
Edinburg, TX 78539
956-207-7036

Inpatient Rehabilitation Center (McAllen)
301 W. Expressway 83
McAllen, TX 78503
956-566-4347

OUTPATIENT CLINICS:

McAllen Family Medicine Residency Center
205 E. Toronto Ave.
McAllen, TX 78503
956-687-6155

Intensive Cardiac Rehabilitation Program (McAllen)
500 E. Ridge Rd. • Suite 200
McAllen, TX 78503
956-994-2770

Bariatric Weight Loss Surgery Center (Heart)
416 Lindberg Ave. • Suite B
McAllen, TX 78501
956-664-1616

Outpatient Rehabilitation Center (Edinburg)
1200 S. 10th Ave. #5516
Edinburg, TX 78539
956-420-3800

Pediatric Comprehensive Care Clinic (Children's)
4302 S. Sugar Rd. • Suite 205
Edinburg, TX 78539
956-381-0932

Outpatient Rehabilitation Center (McAllen)
1800 S. 5th St. • Suite B
McAllen, TX 78503
956-971-5640

South Texas Health System Sleep Center
5416 S. Jackson Rd. • Suite A
Edinburg, TX 78539
956-213-0403

South Texas Health System Wound Healing Center
4302 S. Sugar Rd. • Suite 101
Edinburg, TX 78539
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For more information about our commitment to the South Texas community, please call the Marketing Department at **956-388-2020** or visit southtexashealthsystem.com